

ONE MOUNTAIN, MANY WORLDS

The mountain pathways are a network of pedestrian routes that, due to the range and diversity of places covered, represent one of the most enriching ways of discovering the region.

The Círio Mines route, beginning in Valezim, follows a valley lodged on the western side of the Estrela mountain range. The village has a rich history, which can be seen in the varied group of monuments and in the ruins of an old mining complex.

EMERGENCY CONTACTS

European SOS Emergency Number

112

Environment and Territory SOS

808 200 520

GNR (Subgroup of the Mountain Intervention Group for Protection and Help)

Tel.: 961 188 070 / ui.gips.samont@gnr.pt

Nossa Senhora da Assunção Hospital: Tel.: 238 320 700

OTHER CONTACTS

C.I.S.E. (The Serra da Estrela Interpretative Centre)

Visconde de Molelos Street, Seia / Tel.: 238 320 300 / cise@cise.pt

ADIRAM (Association for the Integrated Development of the Network of Mountain Villages) Tel.: 238 310 246 / centrodinamizador@aldeiasdemontanha.pt

CERVAS (Ecology, Recovery and Wild Animal Surveillance Centre)

Tel.: 927 713 585 / cervas.pnse@gmail.com

Seia Tourist Office: Tel.: 238 317 762 / postoturismo@cm-seia.pt

Loriga Tourist Office: Tel.: 238 951 175

Sabugueiro Tourist Office: Tel.: 238 315 336

Snow Clearing Centre: Tel.: 275 336 251

Penhas Douradas Weather Station: Tel.: 275 981 304

Serra da Estrela Natural Park (Seia Delegation): Tel.: 238 001 060

WHERE TO STAY AND WHERE TO EAT
www.aldeiasdemontanha.pt

Edition 2016 | En

CÍRIO MINES ROUTE

PR9
SEI

aldeias de
montanha
natureza autêntica, pessoas genuínas

f /aldeiasmontanha

MOUNTAIN PATHWAYS

CÍRIO MINES ROUTE

The Círio Mines route develops in the surroundings of Valezim along the valley of the Valezim stream. In the village, the architectural heritage is diverse, standing out the picturesque chapel of Saint Domingos, the manor house of the Castelo Branco family, the pillory and the church of Our Lady of the Rosary which has medieval roots.

The route covers an area marked by sharp contrasts in the landscape, where pine tree and sweet woods, cultivated terraced fields and riverside habitats prevail.

At the lower part of the valley, with access through an unpaved road, are the Círio Mines, an old mining complex for tin and wolfram going back to the time of the Second World War.

CÍRIO MINES ROUTE

NATURAL HERITAGE

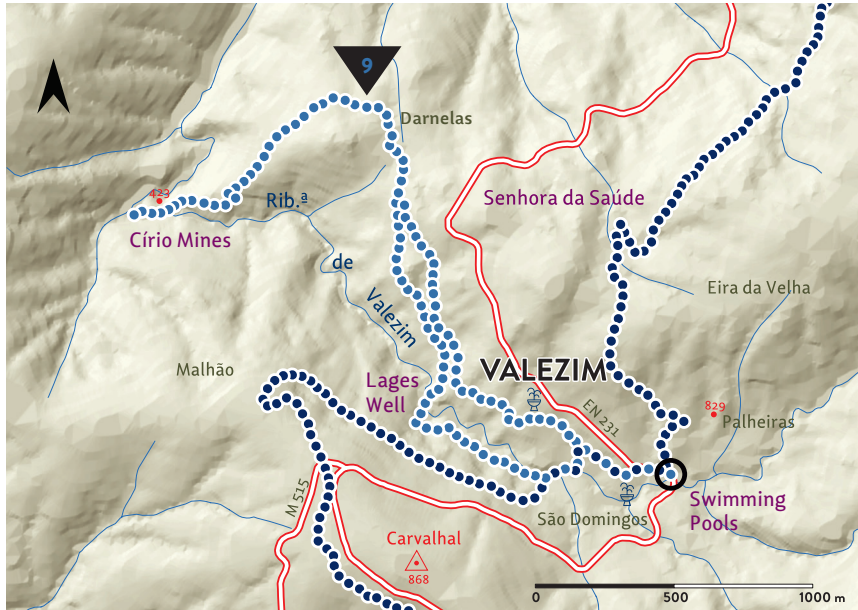
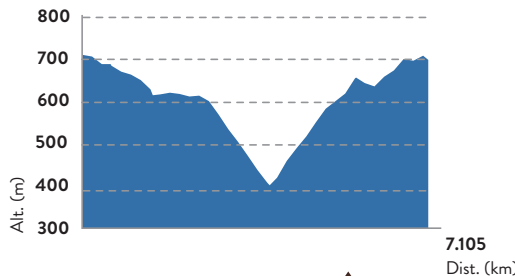
- > The Valezim stream
- > The Lajes well
- > Flora and fauna

CULTURAL HERITAGE

- > The church of Our Lady of the Rosary
- > The chapel of Saint Domingos
- > A medieval pathway
- > Manor house of the Castelo Branco family
- > Sixteenth century fountain
- > Pillory
- > Watermills
- > The Círio mines

TECHNICAL SHEET

Type of route: circular short distance path
 Recommended direction: clockwise
 Starting/finishing point: EN 231 (next to the swimming pools)
 Starting/finishing coordinates: N 40º 21.460' / W 07º 42.915'
 Distance: 7.105 km
 Accumulated gradients: +504m / -504m
 Altitude: minimum 400 m / maximum 712 m
 Approximate time: 2 hours 30 minutes
 Degree of difficulty: III – rather difficult
 Recommended season: all year
 Military map: (IGEOE / 1:25000) n.º: 223

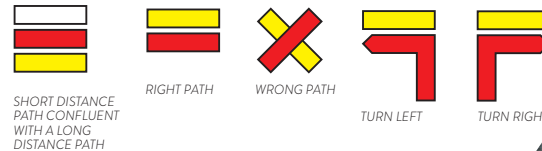


Due to the risk they pose, never enter the mine galleries.

BEHAVIOUR RULES

- > Plan the route you intend to do: gather beforehand the available, necessary information and make sure you finish the walk before nightfall.
- > Do not light fires.
- > Stay on signed paths and respect signs at all times.
- > Be polite to the local inhabitants and respect their customs and traditions.
- > Do not disturb cattle and do not damage cultivated areas.
- > Respect nature: do not remove and/or disturb animals, plants or damage geological formations.
- > If you find a wounded or debilitated wild animal, try to direct it to a recovery centre for wild fauna.
- > Do not drop litter or remains of your passage.
- > Always carry water, food, sun screen, appropriate clothes and footwear and a first-aid kit.
- > In some situations you will need to cross tarmac roads. Do so with care.

SINALÉTICA



DEGREE OF DIFFICULTY

